

CENTER FOR HOPE MINISTRIES - 21 DAY FAST SCHEDULE

2012 MANIFESTED POSSIBILITIES

JANUARY 9TH—29TH 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9 Fasting Item Fast Food, Sugar, Desserts, & Candy	10 Fasting Item Secular Music, & TV	11 Fasting Item Texting, Phones, and Computers (except for school work)	12 Fasting Item Fast Food, Sugar, Desserts, & Candy	13 Fasting Item Secular TV, DVD, Video Movies & Books	14 Fasting Item All Video & Computer Games
15 Fasting Item Secular Music, & TV	16 Fasting Item Fast Food, Sugar, Desserts, & Candy	17 Fasting Item Secular Music, & TV	18 Fasting Item Texting, Phones, and Computers (except for school work)	19 Fasting Item Fast Food, Sugar, Desserts, & Candy	20 Fasting Item Video Games & Computers (except for school work)	21 Fasting Item All Video Games
22 Fasting Item Secular Music, & TV	23 Fasting Item Fast Food, Sugar, Desserts, & Candy	24 Fasting Item Secular Music, & TV	25 Fasting Item Texting, Phones, and Computers (except for school work)	26 Fasting Item Fast Food, Sugar, Desserts, & Candy	27 Fasting Item Video Games & Computers (except for school work)	28 Fasting Item All Video Games
29 Fasting Item Fast Food, Sugar, Desserts, & Candy	30	31				

